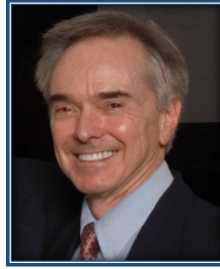


*The Child Study Center and Psychological Clinic at The Pennsylvania State University, and
the State College Area School District present*



John R. Weisz, Ph.D., ABPP

Professor, Department of Psychology, Harvard University; Professor, Harvard Medical School

**“Modular Treatment of Youth Anxiety, Depression, and Conduct Problems: Transdiagnostic Intervention
using MATCH and the Child STEPs Model”**

Five decades of research have produced scores of empirically tested treatments for youth mental health problems and disorders. These *evidence-based treatments* (EBTs) have proven effective for specific problems when tested in randomized controlled trials under optimal conditions. However, the EBTs do not fare as well when compared to usual clinical care with clinically referred youths treated in everyday practice conditions. One reason is that referred youths are often more complex than the treatments designed to help them. Most youths referred for treatment have multiple problems and disorders, and their treatment needs shift over time. To address this challenge, the Child STEPs Model, uses a modular treatment protocol derived from the psychotherapy evidence base and guided by decision flowcharts. Navigation through treatment is informed by a web-based system that monitors each youth’s treatment response week-by-week. Multisite randomized trials have shown that STEPs outperforms usual clinical care and standard EBTs for youth with anxiety, depression, and conduct problems, and improves clinician satisfaction with treatment.

Participants in the workshop will learn about the development and structure of Child STEPs and its treatment protocol, *Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems* (MATCH-ADTC). A web-based monitoring and feedback system used to inform clinician decision making will also be described. Evidence on clinical outcomes will be presented, together with case examples and video clips illustrating how Child STEPs is used in treating children and adolescents. Procedures for clinician training and implementation in clinical practice settings will also be discussed.

**Friday, May 5, 2017
8:30 a.m. – 3:00 p.m.
127 Moore Building, University Park**

Registration is required: \$50 for current Penn State affiliates, \$75 for non-Penn State attendees
Contact Shannon Ranio (srr12@psu.edu) with questions or to register.

This talk is designated for a maximum of six continuing education (CE) credits for psychologists. Full attendance at the workshop is required to receive CE credit. Late arrivals or early departures will preclude awarding of CE credits. The Penn State Psychological Clinic, Department of Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Penn State Psychological Clinic maintains responsibility for this program and its content.

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